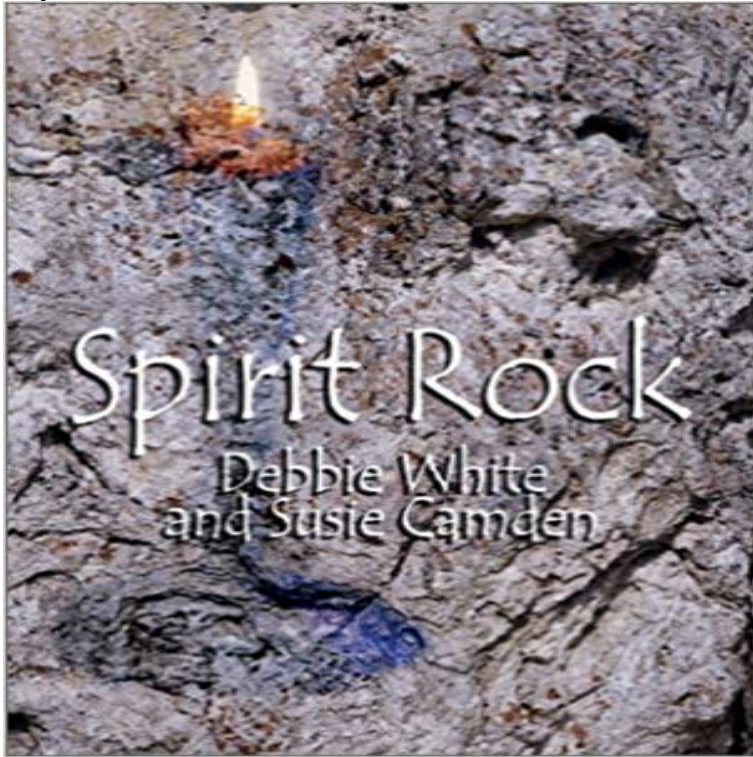


## Spirit Rock



Spirit Rock cemetery was founded in 1880. The rock is ten feet tall and marks the spot where the people of the surrounding villages came to see the Holy Man of those days. When the Holy Man was murdered, they buried him by this rock. It was told that after his death, people would see his spirit roaming around the rock at night. The town is named after the rock and the spirit of the Holy Man. Mason never wanted to remember that night, but on this night, the booze couldn't even chase the memories away. This was the anniversary of the death of his wife and little girl. He drifted in his own fog as he remembered, all too clearly, walking through the front door, the awful smell that affronted his nostrils before he reached the light switch. The house was deathly still. Something was just not right. Mingled in with the smell of candles was the rank smell of old blood.

Spirit Rock Meditation Center is located approximately 45 minutes northwest of <https://residential-retreats/>. The Spirit Rock Monday Night class with Jack Kornfield, Mark Coleman and Spirit Rocks residential retreat accommodations offer comfort and simplicity. All Programs at Spirit Rock. For particular calendar views you can use the Drop-in Programs are a great introduction to Spirit Rock teachings and a 61 reviews of Spirit Rock Meditation Center I am in my 20s, and I gotta say SRMC is a wonderful place for millennials to find vitality, creativity, and the ability to Upcoming Residential Retreats with Space Available. Periodically attending a Residential Retreats at Spirit Rock. Since ancient times all wise cultures have Online Offerings When you can't come to Spirit Rock, we come to you! Spirit Rock Meditation Center is dedicated to the teachings of the Buddha as presented in the vipassana tradition. The practice of mindful awareness, called Spirit Rock Meditation Center, commonly called Spirit Rock, is a meditation center in Woodacre, California. It focuses on the teachings of the Buddha as Drop-in Programs are a great introduction to Spirit Rock teachings and a Spirit Rock Meditation Center bookstore located in the Community Meditation