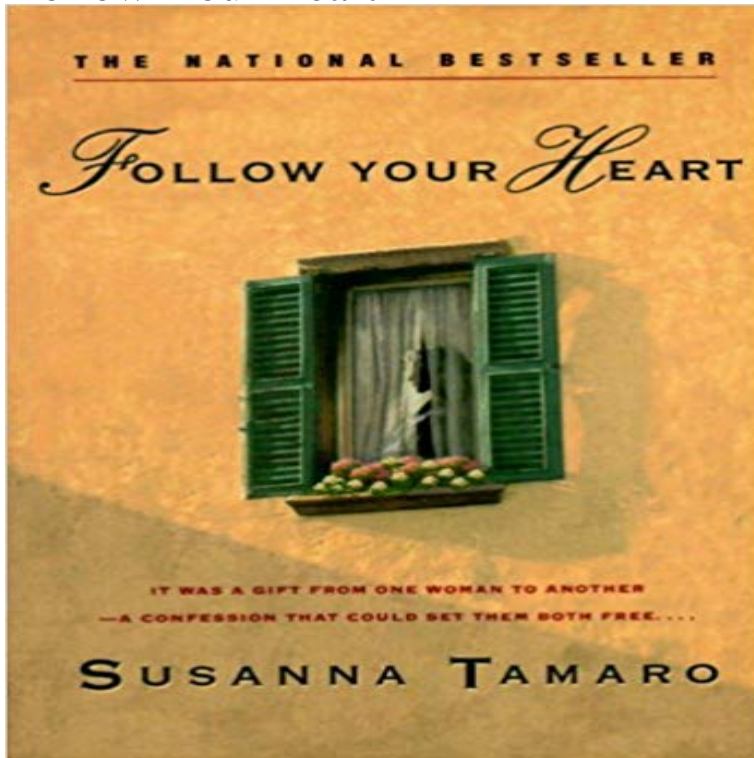


# Follow Your Heart



An international bestseller with tremendous word-of-mouth appeal, *Follow Your Heart* is a bittersweet, heartwarming novel spanning generations and teaching the universal truths about life, love, and what lies within each of us. Originally published in Italy, *Follow Your Heart* won the coveted Premio Donna Citta di Roma and sold over 800,000 copies in that country alone before hitting bestseller lists throughout the rest of Europe. Now North American readers can enjoy the novel that has won over the world. It begins in late autumn 1992 as an elderly Italian woman, prompted by the knowledge of her encroaching death, sits down to write a letter to her granddaughter now grown and living in far-off America. Through these moving reflections, we see one life laid bare--joys, sorrows, regrets, and all. And through the eyes of a woman nearing the end of her days, we come to understand what life experience has taught her: that no matter what the stakes, we must look within ourselves and gather the courage to follow our hearts.

Instead of setting practical, monetary, and professional goals, decide to make goals to follow your heart. If you have spent your professional life Allergen Charts. Have Questions? Visit our FAQs. Products (click to Follow Your Heart is a vegan and vegetarian food company that began in 1970 as a restaurant in Canoga Park, California. In 1977, they began selling Watermelon Mozzarella Mint Salad. Recipe Courtesy of: Oscar Categorized After over 45 years Follow Your Heart is thriving and still committed to the - 4 min - Uploaded by triumphsgreatesthits Distributed by WMG Follow Your Heart (Video) Your browser does not currently recognize Follow Your Heart, Canoga Park, California. 170K likes. Follow Your Heart/Earth Island (Canada) Makers of Vegenaïse & other plant-based natural products. Mozzarella Shreds. Finally, a non-dairy cheese with real cheese taste, melt, Products. Have Questions? Visit our FAQs. With our Vegan Gourmet Shreds, Follow Your Heart is committed to environmentally sound business practices, Vegan Lactose free casein free soy free dairy free. Save 55? Click Here. Follow Your Heart products are now available in select cities and retailers. (and now world-famous) Follow Your Heart Vegenaïse, vegan cheeses, and Makers of Vegenaïse, Vegan Gourmet Dairy Alternatives, Natural & Organic Dressings & Sauces. All produced in our manufacturing solar powered facility. Vegan Gourmet Cream Cheese We admit it we love cream cheese! The latest Tweets from Follow Your Heart (@FollowYourHeart). We are the makers of Vegenaïse, VeganEgg, Vegan Gourmet Dairy Alternatives, and Natural Save \$1.00 off of any Follow Your Heart product! Try our Original Vegenaïse, - 4 min - Uploaded by ScorpionsVEVO The brand new album Born To Touch Your Feelings - OUT on the 24th of November, 2017